

The Therapist's Guide to Psychopharmacology: A Comprehensive Guide for Mental Health Professionals

By Dr. Joseph F. Goldberg

Psychopharmacology is the study of the effects of drugs on the mind and behavior. It is a complex and challenging field, but it can also be a rewarding one. When used properly, psychotropic medications can help people with mental illness to improve their symptoms and live more fulfilling lives.

This book is a comprehensive guide to psychopharmacology for mental health professionals. It covers everything from basic principles to specific medications, and is an essential resource for anyone working in the field.



The Therapist's Guide to Psychopharmacology, Third Edition: Working with Patients, Families, and Physicians to Optimize Care by JoEllen Patterson

★★★★★ 5 out of 5

Language : English
File size : 2658 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 328 pages

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The book is divided into three parts. The first part provides an overview of psychopharmacology, including its history, ethical considerations, and basic principles. The second part reviews the major classes of psychotropic medications, including antidepressants, antipsychotics, mood stabilizers, and anxiolytics. The third part discusses special topics in psychopharmacology, such as psychopharmacology in children and adolescents, psychopharmacology in pregnancy and lactation, and psychopharmacology in the elderly.

The book is written in a clear and concise style, and is well-organized and easy to follow. It is also well-referenced, with over 1,000 references to the scientific literature.

This book is an essential resource for any mental health professional who wants to learn more about psychopharmacology. It is also a valuable resource for patients and families who want to better understand the medications that they are taking.

Here are some of the key features of the book:

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- Comprehensive coverage of psychopharmacology, from basic principles to specific medications

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- Authoritative and evidence-based information

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- Clear and concise style

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- Well-organized and easy to follow

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- Well-referenced, with over 1,000 references to the scientific literature

If you are a mental health professional, this book is a must-have for your library. It is an essential resource for anyone who wants to learn more about psychopharmacology and its applications in the treatment of mental illness.



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