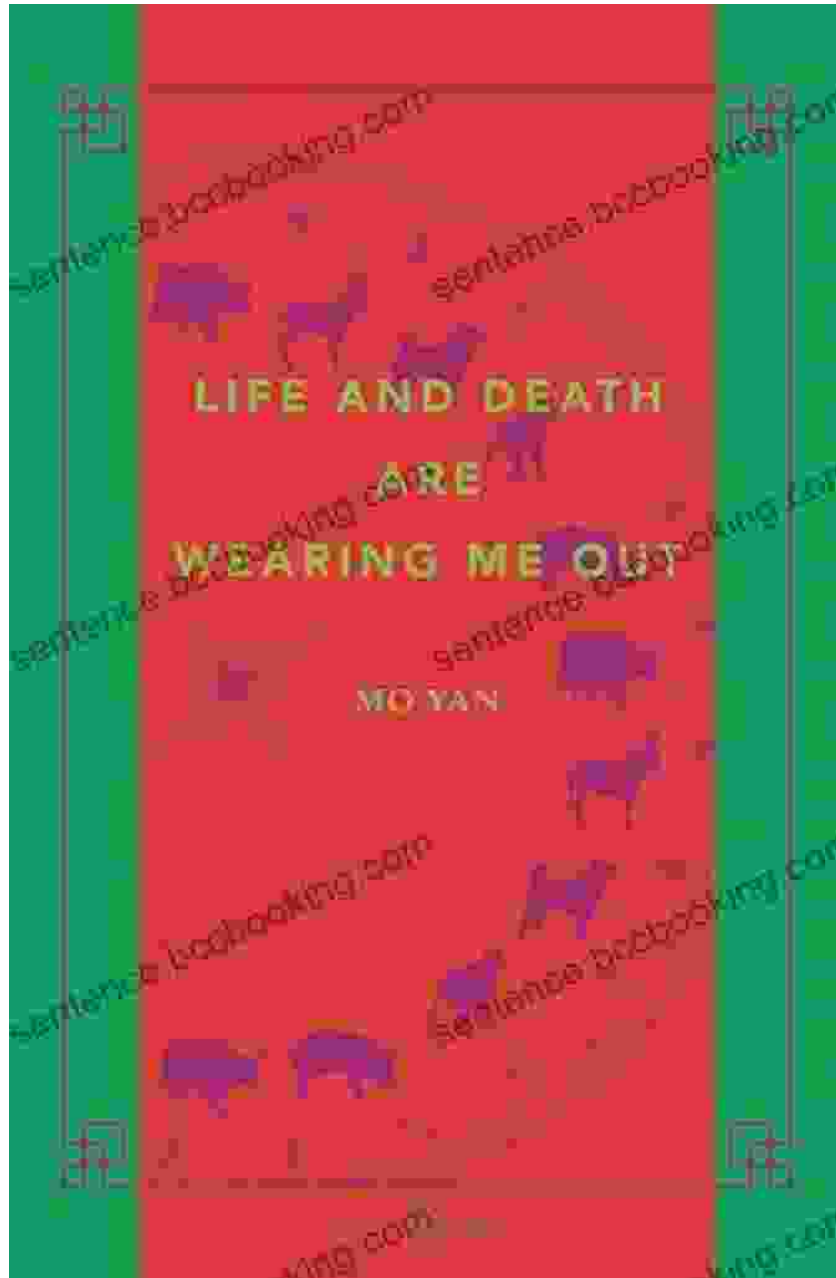


Life and Death Are Wearing Me Out: A Book Review



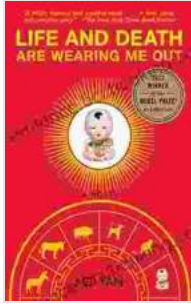
Life and Death Are Wearing Me Out: A Novel by Mo Yan

★★★★☆ 4 out of 5

Language : English

File size : 1358 KB

Text-to-Speech : Enabled



Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 554 pages
Lending	: Enabled



In his book *Life and Death Are Wearing Me Out*, Mo Gawdat shares his unique perspective on life and death. Gawdat, a former Google executive, lost his son to cancer in 2014. This experience led him to question everything he thought he knew about life and death.

In *Life and Death Are Wearing Me Out*, Gawdat argues that we are all born with a natural desire to be happy. However, we often get caught up in the pursuit of external things, such as money, fame, and power. This pursuit can lead to stress, anxiety, and unhappiness.

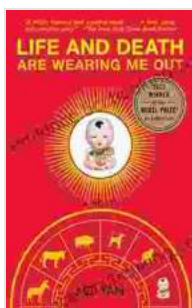
Gawdat believes that the key to happiness is to focus on our inner selves. We need to learn to be grateful for what we have and to live in the present moment. We also need to let go of our fears and attachments. This can be a difficult process, but it is essential for finding true happiness.

Life and Death Are Wearing Me Out is a powerful and inspiring book. Gawdat's unique perspective on life and death will challenge your thinking and leave you feeling inspired. If you are looking for a book that will help you find meaning and purpose in life, then I highly recommend reading *Life and Death Are Wearing Me Out*.

About the Author

Mo Gawdat is a former Google executive and the author of the bestselling book *Solve for Happy*. He has been featured in numerous media outlets, including *The New York Times*, *The Wall Street Journal*, and *The Today Show*. Gawdat is passionate about helping people find happiness and meaning in life.

Life and Death Are Wearing Me Out is a must-read for anyone looking to find meaning and purpose in life. Gawdat's unique perspective on life and death will challenge your thinking and leave you feeling inspired. If you are looking for a book that will help you find happiness, then I highly recommend reading *Life and Death Are Wearing Me Out*.



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